

Cafeteria News 2020/2021

St. Rita Cafeteria operates as an independent sponsor under the guidelines of the US Department of Agriculture National School Breakfast and Lunch Programs. These guidelines ensure that meals are well-balanced and provide the students all the nutrition they need to succeed at school.

Due to COVID-19 and the recommendations from the Archdiocese and the CDC we will be serving all meals in the classroom until further notice.

LUNCH

The lunch program is designed to provide approximately one-third of the recommended daily allowance of a school age child's dietary needs when eaten over a period of time in which a wide variety of food is served. A nutritious lunch may be brought from home, but NO soft drinks or fast food items are allowed to be brought in at any time. We will have one main entrée and one substitution daily. We will include in all lunches a fruit, vegetable and grain.

The price of lunch is \$3.05 which includes milk.

ALA CARTE ITEMS:

At this time will not be selling ala carte items with the exception of:

Bottled Water (16.9 oz.) - \$1.00

Milk (8 oz.) - .50

BREAKFAST:

We participate in the Breakfast in the Classroom Program. Students will have the opportunity to purchase breakfast in the mornings as they enter their classrooms. The cost of breakfast is \$2.00 and will meet the dietary guidelines of the National Breakfast Program. If you do not wish for your child to purchase breakfast in the classroom, please communicate this with both your child and your child's teacher. The cafeteria staff do not monitor who takes a breakfast.

FREE/REDUCED MEALS:

We encourage families to apply for free/reduced meals. All applications must be filled out in paper form they may be printed off from the new Saint Rita Website. Applications may be returned to the school with your child. The reduced price for breakfast is \$.30 and lunch is \$.40. Extra milk and bottled water do not qualify for free/reduced pricing and students wishing to purchase these will need money in their accounts to do so.

PAYMENT OPTIONS:

You can deposit money into your child's account at any time. Be sure to write your child's full name (first and last) and PIN on the check or cash envelope. This needs to be sent into the child's teacher, with your child. To use the online payment system go to www.myschoolbucks.com when setting up your account, choose St Rita as the district. We will be emailing low balance notifications home as necessary. We do not encourage charging of meals, but occasionally situations arise that make this necessary. Our policy is that your child cannot charge over \$20.00. Once they have reached this limit you must pay in full, pack their lunch from home, or send in cash daily to pay for meals.

DIETARY CONCERNS:

If your child has any food allergies or dietary concerns please fill out the Dietary Concern Form provided by the school office or from the School's Website. Please contact the cafeteria staff by phone or email to ensure that all parties involved with your child are aware and able to monitor the situation.

We strive to feed your child nutritious meals in a nurturing and friendly atmosphere to ensure they are able to learn to their best potential. Thank you for the supporting the school meal program.

Please feel free to contact the cafeteria staff at any time if you have questions or concerns at (502) 969-7067 ex. 206

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Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

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