



JANUARY | 2022

St. Rita Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 Dippers w/Marinara Chicken Patty w/bun Green Beans Corn Peaches Fresh Fruit Milk	4 Breakfast Bar Cheese Omelet Pancakes Hash Brown Peas Grape Juice Fresh Fruit Milk	5 Sweet & Sour Chicken Ham and Cheese Sub Asian Rice Broccoli Carrots Pears Fresh Fruit Milk	6 Hamburger w/bun Grilled Cheese Wedge Fries Baked Beans Mixed Fruit Fresh Fruit Milk	7 Pepperoni Pizza PBJ Combo Fresh Broccoli w/dip Cucumber Slices Mixed Berry Cup Fresh Fruit Milk
10 Chicken Nuggets Fish Sticks WG Roll Mashed Potatoes Peas Pears Fresh Fruit Milk	11 Beef Soft Taco Chicken Fajita Mexican Rice Black Beans Corn Mixed Fruit Fresh Fruit Milk	12 Baked BBQ Chicken Pieces Turkey and Cheese Wrap Fries Baked Beans Peaches Fresh Fruit Milk	13 Chili Pie w/Fritos Hot Dog w/bun Glazed Carrots Green Beans Pineapple Fresh Fruit Milk	14 Cheese Pizza Chicken Wrap Baby Carrots Broccoli Side Kick Fresh Fruit Milk
17 Martin Luther King Day No School	18 Breakfast Bar Sausage Egg Cinnamon Roll Hash Brown Carrots Orange Juice Fresh Fruit Milk	19 Roast Turkey Hamburger w/gravy WG Roll Mashed Potatoes Green Beans Peaches Fresh Fruit Milk	20 Chicken Nuggets w/roll Meatball Sub Wedge Fries Baked Beans Applesauce Fresh Fruit Milk	21 Pizza Burger Hot Ham and Cheese Baby Carrots Broccoli Strawberry Cup Fresh Fruit Milk
24 Baked Chicken Pieces Lasagna Rollup Garlic Bread Mashed Potatoes Green Beans Mixed Fruit Fresh Fruit Milk	25 Arroz Con Pollo Beef and Bean Burrito Mexican Rice Salsa Refried Beans Corn Pears Fresh Fruit Milk	26 Chicken Alfredo Turkey and Cheese Sub Broccoli Carrots Applesauce Fresh Fruit Milk	27 Cheeseburger Hot dog Fries Peas Peaches Fresh Fruit Milk	28 Cheese Pizza PBJ Combo Baby Carrots Celery Sticks Side Kick Fresh Fruit Milk
31	1	2	3	4

News

Happy New Year!!

Welcome back to school, I hope everyone had a great holiday and is looking forward to being back together and leaning some new and exciting things.

We are still struggling with getting many menu items so your continued patience and understanding is appreciated!

