



# JANUARY 2023

## St. Rita School

# K-8

### Monday

**2**  
No School

**9**  
Dippers w/Marinara  
Popcorn Chicken w/roll  
Fries  
Carrots  
Pears  
Fresh Fruit

**16**  
Martin Luther King Day  
No School

**23**  
Chicken Nuggets w/roll  
Beefy Mac & Cheese  
Fries  
Peas  
Peaches  
Fresh Fruit

**30**  
Dippers w/Marinara  
Popcorn Chicken w/roll  
Fries  
Baked Beans  
Pears  
Fresh Fruit

### Tuesday

**3**  
Sausage Patty  
Egg Patty  
Pancakes  
Hash Browns  
Carrots  
Applesauce  
Peaches

**10**  
Beef Soft Taco  
Chicken Fajita  
Mexican Rice  
Refried Beans  
Corn  
Mixed Fruit  
Fresh Fruit

**17**  
Scrambled Eggs w/Cheese  
Sausage  
French Toast Sticks  
Tater Tots  
Carrots  
Fruit Juice  
Fresh Fruit

**24**  
Beefy Nachos  
Bean Burrito  
Salsa  
Black Beans  
Corn  
Mixed Fruit  
Fresh Fruit

**31**  
Sausage Patty  
Egg Patty  
Pancakes  
Hash Browns  
Carrots  
Applesauce  
Fresh Fruit

### Wednesday

**4**  
Hamburger  
Hot Dog  
Fries  
Baked Beans  
Pears  
Strawberry Cup

**11**  
Turkey  
Salisbury Steak  
Roll  
Mashed Potatoes  
Green Beans  
Peaches  
Fresh Fruit

**18**  
Chicken Sandwich  
Hamburger  
Fries  
Baked Beans  
Peaches  
Fresh Fruit

**25**  
Oven Fried Drumstick  
Meatloaf  
Mashed Potatoes  
Green Beans  
Pears  
Fresh Fruit

### Thursday

**5**  
Chicken Patty – Reg or Spicy  
Meatball Sub  
Broccoli  
Corn  
Mixed Fruit  
Fresh Fruit

**12**  
Lasagna Roll-up  
Grilled Cheese  
Tater Tots  
Broccoli  
Pineapple  
Fresh Fruit

**19**  
Chicken Alfredo  
Quesadilla  
Broccoli  
Corn  
Pears  
Fresh Fruit

**26**  
Chicken Patty – Reg or Spicy  
Sloppy Jo Sandwich  
Fries  
Baked Beans  
Pineapple  
Fresh Fruit

### Friday

**6**  
Domino's Pizza  
Choice of Cheese,  
Pepperoni, Sausage, Veggie  
PBJ Combo  
Fresh Veggies  
Fresh Fruit

**13**  
Domino's Pizza  
Choice of Cheese,  
Pepperoni, Sausage, Veggie  
PBJ Combo  
Fresh Veggies  
Fresh Fruit

**20**  
Domino's Pizza  
Choice of Cheese,  
Pepperoni, Sausage, Veggie  
PBJ Combo  
Fresh Veggies  
Fresh Fruit

**27**  
Domino's Pizza  
Choice of Cheese,  
Pepperoni, Sausage, Veggie  
PBJ Combo  
Fresh Veggies  
Fresh Fruit

Choice of Milk is offered daily – 1% White, 1% Chocolate, 1% Strawberry

