



# NOVEMBER 2023

## St. Rita School

# K - 8

Monday

Tuesday

Wednesday

Thursday

Friday

**6**  
 Lucky Charms Cereal Kit  
 Watermelon Raisels  
 Kit del Cereal Lucky Charms  
 Pasitas de sandia/melón

**7**  
 DLD

**1**  
 Cinnamon Toast Crunch Kit  
 Orange Wedges  
 Kit del Cereal Cinnamon Toast Crunch  
 Naranja

**8**  
 Chocolate Muffin  
 Goldfish Grahams  
 Fruit Punch Juice  
 Apple Slices  
 Muffin de Chocolate  
 Grahams  
 Jugo de Frutas  
 Manzanas

**2**  
 Nutrigrain Bar  
 Animal Crackers  
 Apple Juice  
 Grapes  
 Nutrigrain  
 Galletas de Animales  
 Jugo de Manzana  
 Uvas

**9**  
 Coco Puffs Cereal Kit  
 Orange Wedges  
 Kit del Cereal Coco Puffs  
 Naranja

**3**  
 Trix Cereal Cup  
 Grahams  
 Apple Juice Box  
 Orange Raisels  
 Trix  
 Grahams  
 Jugo de Manzana  
 Pasas de Naranja

**10**  
 Apple Jacks Cereal Kit  
 Grapes  
 Kit del Cereal Apple Jacks  
 Uvas

**13**  
 Poptart Breakfast Kit  
 Apple Slices  
 Kit de Desayuno Poptart  
 Manzanas

**14**  
 Apple Cinnamon Texas Toast  
 Fruit Punch  
 Orange Wedges  
 Tostada Texas de Manzana y Canela  
 Jugo de Frutas  
 Naranja

**15**  
 Super Donut  
 Apple Juice  
 Craisins  
 Super Donut  
 Jugo de Manzana  
 Craisins

**16**  
 Cinnamon Toast Crunch Kit  
 Orange Wedges  
 Kit del Cereal Cinnamon Toast Crunch  
 Naranja

**17**  
 Frosted Flakes  
 Strawberry Yogurt Bites  
 Grape Juice  
 Apple Slices  
 Frosted Flakes  
 Yogur de Fresa  
 Jugo de Uva  
 Manzanas

**20**  
 No School  
 No Hay Escuela

**21**  
 No School  
 No Hay Escuela

**22**  
 No School  
 No Hay Escuela

**23**  
 No School  
 No Hay Escuela

**24**  
 No School  
 No Hay Escuela

**27**  
 Cheerios Cereal Kit  
 Craisins  
 Kit del Cereal Cheerios  
 Craisins

**28**  
 Chocolate Filled Crescent  
 Orange Raisels  
 Apple Slices  
 Crescent de Chocolate  
 Pasas de Naranja  
 Manzanas

**29**  
 Apple Jacks Cereal Kit  
 Watermelon Raisels  
 Kit del Cereal Apple Jacks  
 Pasitas de Sandia/Melón

**30**  
 Coco Puffs Cereal Kit  
 Orange Wedges  
 Kit del Cereal Coco Puffs  
 Naranja



Daily Breakfast Milk Choices  
 1% Low Fat White and 1% Low Fat Chocolate  
 Opciones diarias de leche para el desayuno  
 1% Blanca Baja en Grasa y 1% Chocolate Baja en Grasa

