



NOVEMBER 2023

St. Rita School

K - 8

Monday

Tuesday

Wednesday

Thursday

Friday

6
Cheese Quesadilla
Chicken Tenders w/Roll
Salsa Cup
Fries
Baked Beans
Mandarin Oranges
Apples

7
DL D

1
Grilled Cheese
Chicken Tenders w/roll
Mashed Potatoes
Green Beans
Peaches
Apples

8
Chicken Sandwich
Cheeseburger
Mashed Potatoes
Broccoli
Peaches
Apples

2
Asian Chicken w/Rice
Meatball Sub
Broccoli
Carrots
Sidekick
Oranges

9
Scrambled Eggs
Sausage
French Toast
Tater Tots
Carrots
Applesauce
Oranges

3
Domino's Pizza
Cheese, Pepperoni, Sausage,
or Veggie
Turkey Wrap
Baby Carrots
Cucumbers
Melon Chunks
Apples

10
Domino's Pizza
Cheese, Pepperoni, Sausage,
or Veggie
PBJ & String Cheese
Celery Sticks w/ranch
Baby Carrots w/ranch
Sidekick
Apples

13
Popcorn Chicken w/roll
Dippers
Marinara
Broccoli
Tater Tots
Peaches
Apples

14
Turkey w/Gravy
Salisbury Steak w/Gravy
Roll
Mashed Potatoes
Green Beans
Baked Apples
Grapes
Dessert

15
Beef Taco
Chicken Taco
Mexican Rice
Refried Beans
Corn
Pears
Oranges

16
Lasagna Roll-up
Deli Sandwich
Wedge Fries
Carrots
Applesauce
Oranges

17
Domino's Pizza
Cheese, Pepperoni, Sausage,
or Veggie
Hot Dog
Baby Carrots
Fresh Veggie Cup
Strawberry Cup
Apples

20
No School

21
No School

22
No School

23
Happy Thanksgiving

24
No School

27
Pizza Crunchers
BBQ Meatballs
Carrots
Fries
Sidekick
Peaches

28
Nachos Grande
Grilled Cheese
Mexican Rice
Black Beans
Corn
Pineapple
Oranges

29
Chicken Patty – Reg or Spicy
Cheeseburger
Mashed Potatoes
Green Beans
Pears
Apples

30
Spaghetti w/meat sauce
Hot Dog
Broccoli
Peas
Mixed Fruit
Grapes



Choice of Milk is offered daily – 1% White, 1% Chocolate, 1% Strawberry

This institution is an equal opportunity provider.

