St. Rita School Wellness Committee Invitation

St. Rita School recognizes that good nutrition and regular physical activity affect the health and well-being of our students, including their ability to learn. We are looking for employees, parents, and community members to partner with the School Wellness Committee. We will be meeting 1-2 times per year to review the current wellness policy and to discuss how well we are meeting the goals of this policy, and to set next steps for us to continue to encourage our students to be healthy and ready to learn. Please email Angel Mattingly, [amattingly@stritacatholicschool.com](mailto:amattingly@stritacatholicschool.com), or call 502-969-7067 ext 206 if you are interested in being a part of this committee.